



ALPHA STATE SCHOOL WEEKLY WATCH 2016

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Website: www.alphass.eq.edu.au

7 November 2016

Issue 17

From the Principal's Desk...

Dear Parents and Caregivers,

With the end of term fast approaching, it is a good time to remind everyone of the school's values of Respect, Responsibility, Learning and Safety.

I worked with the P-6 classes after behaviour parade on Tuesday in plotting the desired behaviours for 'respect' into the various areas across the school. I turned this into a bit of a competition and have a prize, not only for the class that managed to plot the most desired behaviours into the correct areas, but also for the top group worker in the P/1, 2/3 and 4/5/6 groups. I was very impressed with the level of participation and concentration during this activity, particularly the excellent group work done by the 4/5/6 class during this activity. We will do a similar activity next week after behaviour parade.

With the hotter weather setting in, I would ask you to remind your children to stay hydrated and keep wearing their hats. Although we had a wild storm last weekend, I feel that we will have more sunny/ hot days before the year's end.

I am also very pleased with how our attendance percentages are tracking. This has been a fairly good term, attendance wise, with our current whole school attendance sitting at 92.2%. We are not far off our target of 95% and hope we can achieve that for Term 4. Our year to date percentage currently is sitting at 91.8 %, however, with a great attendance for the rest of the term, we might be able to push this up even further. Well done everyone.

These last three weeks are going to fly by. All classes are busy preparing for the end of year concert, which again promises to be a wonderful evening. We are grateful to those local businesses that have given us sponsorship for this event.

We also have the school/ Alpha Jericho swimming carnival on Monday starting at about 11 am. We have invited lots of Distance Education children, so the competition should be fierce. All parents and friends are invited to attend.

We also have many of our students competing in the Alpha Club swimming carnival on Saturday. As always, we need some volunteers to help with time keeping or in the canteen, so if you are free, I am sure your help would be most welcome.

Next Thursday, we will have the Student Leader speeches. This should start at about 9 am. Again, all parents are welcome, even if you don't have students in Year 6-10.

We hope to see you at the events that are coming up this term. We have also rearranged our newsletter weeks that we will finish the year with a newsletter in Week 9 instead of week 8 like has been the schedule. Keep an eye out for this final newsletter in Week 9.

Have a great fortnight.

Vanessa Koina

Prep Newsflash

Welcome to week 6!

Half of term four is already gone, and Christmas will soon be upon us. We've been very busy preparing for our assessment and for our speech night performance. We will soon be completing our English assessment, in which the students will write a letter to Santa. We have completed one Maths assessment task, with another coming up to test the students retention of the topics we've learned this term.

If you haven't already done so, please bring in a white t-shirt for students speech night costumes. If possible, I would like to keep these until speech night, so the students' costumes are ready for them to get changed before their performance. So far Jellybeans have visited the prep room twice, and will be here again on Wednesday in week 7 and 9. Over the next couple of weeks as the term begins to wind down, I will be sending home the students' completed workbooks, so they don't have a huge amount to carry at the end of the year. These are for you to keep at home.

Have a fantastic week.

Regards,

Miss Wilson

Year 1 Capers

We are on the road to Christmas holidays but all students need to be aware that there is still a lot of learning to be done. We have been busy working towards our Assessments. During our English lessons we have been working on our Digital Procedures and the students have been producing some quality work. These I will be sending home via email for parents to share. All of our assessments will be finished by end of Week 7 then we will be spending the rest of our term putting into practice our English strategies within Spelling, Grammar, Writing and Reading. We will be doing the same for our Maths. During Week 9, I have some fun activities planned for the students and will send notes home closer to the time.

We have been enjoying our Speech night practises and we are improving each day. If you haven't brought in a plain black tee shirt, please organise for this to be at school by the end of week 6.

Our Swimming Carnival is next week so please send permission notes back this week. I am aware of the students getting tired as it has been a very busy successful year but we need to keep the normal procedures going and this includes our manners and behaviours. I hope everyone enjoys our last weeks of the 2016 school year.

Enjoy.

Mrs Michelle John



Year 2/3 Bulletin

Hello parents!

Welcome to week 6! So far we have completed Science, English and History assessments!! This week we will also complete our Maths term assessment. In addition to learning and assessment, we have also been working hard on our speech night performance. We are very excited to perform this and look forward to you all attending!! We will also have the swimming carnival coming up in mid November. Please ensure you return any notes that have been sent home with your child.

Have a wonderful week ahead.

Kind regards,

Miss Tess Grogan
2/3 Teacher

Years 4/5/6 Intelligence

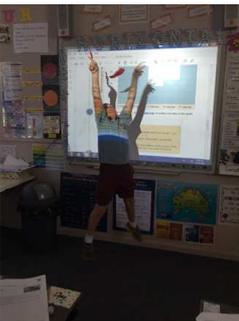
Hi Parents,

Welcome to week 6! I hope that you are finding this term as enjoyable as I am. We have just had some of our extra-curricular activities and we have plenty more on the way. See the notices below for some date reminders.

Monday November 14th is our annual swimming carnival. I believe events kick off at 11:00am and finish at 3:00pm. I encourage you all to come and watch the kids throughout the day as it is always a great time. I am sure that Mrs Goodwin will take plenty of photos for the parents that are working on the day. Please remember to bring back the permission form and to pack lots of water and sunscreen for the day.

Thursday November 17th will be the day that the children who are wishing to apply for leadership roles in 2017 will do their speeches. Last year I was absolutely blown away by the effort that was put in by the applicants (I may have even had a tear or two!) I can wait to see what the children do this year and have some more 'proud teacher' moments. An email was sent home to all parents with the details of the requirements for each position.

Wednesday November 23rd is speech night. All of our hard work will be put to the test when we get to perform our act for you all. We have some groovers in 4/5/6 and I am very proud of how much effort they have put into learning their routines. I have found some lino for the kids to slide in on and haven't heard anything about people not having items for costumes so I believe its full steam ahead! Costumes need to be brought into school this week please.



I have included some pictures from our recent science experiment. The aim was to try and keep 2 feathers in the air by only using the force our breath supplies. I had some giggles looking through the pictures so I am sure you will too!

Enjoy your fortnight,
Miss Hodge

YEAR 9/10 NEWSCAST

Well it is getting to that time again – assessment. Students will be soon starting their English task and maths exam is next Monday. Due this week is the Work Experience Report. We have been working on this during class last week. I have read their drafts and we worked in class on editing and rewriting key sentences. A big thank you to Mrs Goodwin and Mick Lingard for taking them to Rockhampton. From all accounts the students had a very enjoyable time.

We are struggling to come up with an act for speech night so if anyone has a suggestion please let us know.

Have a great week
Mrs Rogers

HPE NEWS

Swimming Carnival

The Alpha-Jericho Interhouse and Interschool Swimming Carnival is being held on the Monday, 14th November. Notes about this carnival will be going home soon.

Miss Clarke

Mr Hammer's Philosophy News

This week the P-3's developed some martial arts moves to go with their safety steps involving Recognising, Reacting and Report danger. I might see if we can demonstrate them on speech night.

The 4-7's took a moment reflect upon how recent lessons have related to the purpose and practice of Philosophy. Here's a quick summary... Philosophy is the Love of Wisdom. We all agreed that wisdom is our ability to learn

from our experiences. The way we learn from experiences in philosophy is to think compassionately, critically and reflectively. We did have some debate regarding the order of these forms of thinking. However, there appears to be negative consequences if we do not prioritise compassionate thinking first...

This week the 4-10's will begin their philosophy assessment. Their task will be to analyse the following passage and connect it to what we have learnt this Semester.

We
need
selfless intent
Thoughtful discussion
And fearless action
To discover where
Our true
power
lies.

I look forward to their insights.

All the best in Philosophy,
Adam Hammer

GUIDANCE OFFICER NEWS

Hello everyone,

The following information comes from the BRAVE website (<https://brave4you.psy.uq.edu.au>).

Anxiety in Children and Adolescents

Everyone feels anxious or worried every now and then. Young children can worry about things like starting school, or might get anxious when meeting new people. These feelings are natural responses to common situations that are usually short-lived. For some young people however, anxiety can be severe and persistent, to the extent that it interferes with the activities of day-to-day life and causes problems at school and at home.

Anxiety disorders are amongst the most common mental health concerns experienced by young people. If left untreated, anxiety problems can impact significantly on daily life and continue into adulthood. Anxiety is also a major risk factor for the development of other mental

health disorders such as depression.

BRAVE Self-Help is a free, online program for the prevention and treatment of childhood and adolescent anxiety. It can be accessed at <https://brave4you.psy.uq.edu.au>.

BRAVE Self-Help is based on the principles of Cognitive-Behavioural Therapy (CBT), a treatment that has shown to be effective in treating anxiety in young people. It was developed by a team from the University of Queensland, Griffith University and the University of Southern Queensland and in May 2014 was made freely available online in association with beyondblue and UniQuest. In the first year, over 7,000 Australians used the BRAVE Self-Help program. At August 2016, this number has increased to over 14,000. The program is available free of charge to all young Australians and their parents. The BRAVE Program is meant to help children with their worries, so if the child/teen's anxiety is not improving, or is getting worse, it is recommended that a doctor is consulted.

Regards,
Marietta Sedgwick
Guidance Officer
Denison, Tieri, Anakie, Alpha and Emerald State Schools
Base school phone 07 49807333
Email msedg1@eq.edu.au

PIE DRIVE

Hi everyone,

You should have received a form for the pie drive by now (or check school bag) and orders are already starting to come in. **PLEASE** don't forget to include phone numbers so I can contact you when they are ready.

Extra forms are available at the school office for anyone to use. Forms are also able to be dropped off at school office with or without payment. Final payments are November 11th.

Any cheques please make out to Alpha State School

Thank you to everyone for supporting this yummy fundraiser.

L'rece Morgillo
Art/Secondary Teacher



Meals on Wheels
Queensland

Meals on Wheels

Volunteer Driver's

needed urgently.

It will only take about 15-20 minutes one day a month to make all the difference to the recipients.

If you think you can help us out please ring me at the CHSP office on 4985 1304.

Every child has a good day every day. | Every child matters every day.



COMMUNITY CHRISTMAS TREE

ALPHA GOLF CLUB

3RD DECEMBER 2016

COMMENCES AT 6.00PM

| DECEMBER | | | | |
|----------|-----------|----------|--------|----------|
| Monday | Wednesday | Thursday | Friday | Saturday |
| | | 1 | 2 | 3 |

SANTA ARRIVES AT 7.00PM

MULTI DRAW RAFFLE

ENTERTAINMENT FOR KIDS

DINNER AND DRINKS

AVAILABLE



PARENTS, please nominate your child/ren **ASAP** so they can receive a gift from Santa

Nomination forms are available at BOQ, Spar, Golf Club, Chemist & Aqua



Alpha State School Values - Respect, Responsibility, Honesty

Expression of Interest

C&K Jellybeans Community Limited Hours Care is looking at running vacation care starting these holidays!

Vacation care would run alongside the Limited Hours Care on Tuesdays, Thursdays and Fridays 8:30-3:10 and would take children up to the age of 12.

We require feedback from families to finalise utilisation. If the vacation care is utilised in this town and is successful, it is something that we will look at offering every school holidays.

Please complete the table to indicate what days of vacation care you would use.

| DAYS | CHILDREN'S NAME/AGE |
|------------------------------------|---------------------|
| Tuesday 6 th December | |
| Thursday 8 th December | |
| Friday 9 th December | |
| Tuesday 13 th December | |
| Thursday 15 th December | |
| Friday 16 th December | |
| Tuesday 20 th December | |
| Thursday 22 nd December | |
| | |
| Tuesday 10 th January | |
| Thursday 12 th January | |
| Friday 13 th January | |
| Tuesday 17 th January | |
| Thursday 19 th January | |
| Friday 20 th January | |

School Uniform orders for 2017

Parents wishing to order Uniforms for 2017 please complete your details and return this order to the school office or email to triciamahon@bigpond.com before the end of term.

Name:

Sports Shirts

Team: (Please Circle) Yungi/Kabi Price: \$25.00

Sizing: (Please Circle)

| | | | | | | |
|------|----|----|----|----|----|----|
| KIDS | 04 | 06 | 08 | 10 | 12 | 14 |
|------|----|----|----|----|----|----|

| | | | | | | | | |
|--------|---|---|---|----|-----|-----|-----|-----|
| ADULTS | S | M | L | XL | 2XL | 3XL | 4XL | 5XL |
|--------|---|---|---|----|-----|-----|-----|-----|

School Polo Shirts

Price: \$25.00

| | | | |
|----|----|----|----|
| 04 | 06 | 08 | 10 |
|----|----|----|----|

Price: \$28.00

| | | | | | |
|----|----|----|-------|-----|-------|
| 12 | 14 | 16 | SMALL | MED | LARGE |
|----|----|----|-------|-----|-------|

Microfibre Shorts \$15.00

| | | | | | | |
|----|----|----|----|----|----|----|
| 04 | 06 | 08 | 10 | 12 | 14 | 16 |
|----|----|----|----|----|----|----|

| | | | | | |
|-----|-----|-------|--------|---------|--------------|
| SML | MED | LARGE | XLARGE | XXLARGE | XXXLARG E |
|-----|-----|-------|--------|---------|--------------|

Girls Skorts \$15.00

| | | | | | | |
|----|----|----|----|----|----|----|
| 04 | 06 | 08 | 10 | 12 | 14 | 16 |
|----|----|----|----|----|----|----|

Slouch Hat

| | | |
|-------|--------|-------|
| SMALL | MEDIUM | LARGE |
|-------|--------|-------|